

Your local National Family Mediation service

National Family Mediation provides services in over 500 locations across England and Wales, so there's one close to you.

To find your local service you can call **0300 4000 636**

Or simply type in your postcode at www.nfm.org.uk/local

About National Family Mediation

National Family Mediation (NFM) offers high-quality family mediation and support services to all families affected by relationship breakdown, divorce or separation in England and Wales.

NFM mediators are carefully selected and trained to the highest standards. They will help you to reach joint decisions about all the issues associated with your separation. We also provide specialist services for children.

For more information please visit our website, or give us a call.

www.nfm.org.uk

Tel: 0300 4000 636



@NatFamMediation



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Help for parents to sort money



arrangements for their children

Child maintenance



National
Family
Mediation

Divorcing or separating?

- Is it **hard to talk** to your former partner about the things you know you have to discuss?
- Do you need help **settling finances and child maintenance** issues?
- Are you unsure or **confused about the legal side** of things?

If the answer to any of these questions is 'yes', then family mediation can offer you a positive way forward.



What is child maintenance?

It is regular financial support that contributes to your child's living costs.

- It helps give them the best possible start
- It gives them greater opportunities and choices, and
- It helps them reach their true potential

How do I make a child maintenance agreement?

You can arrange child maintenance yourself if you both agree. But if you find it hard to talk, **family mediation** will help you overcome the communication obstacles to reach a family-based child maintenance arrangement.

Mediation can be **FREE** if you have a low income or are in receipt of income support or certain other benefits, qualifying you for Legal Aid.

Even if you're not eligible for Legal Aid, National Family Mediation offers a low-cost service.

If you can't agree child maintenance through a family-based arrangement, there are two other options:

- The Child Maintenance Service can set you up a 'collect and pay' arrangement. **Charges apply** for this service. Visit www.cmoptions.org for full information
- Alternatively, things can be settled by a court order as part of divorce and the division of assets.

Both these options can take time, be costly, and prove inflexible to your circumstances.

What can family mediation provide?

- A safe, neutral environment in which to discuss issues
- A confidential service
- An organised and constructive process
- Options for you to explore
- A lasting agreement for the future



Turn over to find your local family mediation service.